

THIS IS WHO WE ARE.

MANTRA 02 · THE BASE

No means no

« Consent is the foundation of respect and all social bonds. »



Join us
to create this safe space

THE 4 KEY ACTIONS

- Ask before you touch
- Respect refusal without negotiating
- Silence is not a yes
- Intoxication cancels consent

HOW TO APPLY IT

Ask before initiating any contact, even casual. Respect a refusal immediately — without negotiating or insisting.

WHY IT MATTERS

Every person's dignity: no contact should be endured. A space where limits are recognized and respected by all.

WHEN TO APPLY IT

Before any physical contact. When you're not sure. If someone near you seems uncomfortable or withdrawn.

WHAT THIS CONCRETELY IMPLIES

- Always ask before initiating physical contact
- Immediately respect a refusal, verbal or non-verbal
- Never insist, negotiate or guilt-trip after a no

LEGAL FRAMEWORK

Organizers have a legal duty of care toward participants (Civil Code of Québec, art. 1457). Each participant is responsible for their own actions.

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S.O.U.L. Montréal
Spirit Of Underground Living

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